

FORT LEE HIGH SCHOOL FALL SPORTS

IMPORTANT INFORMATION

- ❑ **All forms can be submitted to the Nurse's Office until the last day of school. We will also announce several dates over the summer to collect paperwork.**
- ❑ The [Sport Physical Packet](#) must be handed in its **original form**. Please **do not** submit a copy, email, or fax of the Sport Physical Packet.
- ❑ The [Scholastic Student-Athlete Safety Act](#) requires that the Student-Athlete Cardiac Assessment PD module **must be completed** by the physician, APN, or PA who performs the student athlete's physical exam. The physician, APN, or PA **must sign** the certification statement on the Preparticipation Physical Evaluation (PPE) form attesting to the completion of the PD module.
- ❑ For students interested in playing football, if the date of exam on your child's Sport Physical on file with the FLHS school nurse is before August 9, 2022, you will need to submit a new Sport Physical Packet.
- ❑ For students interested in playing girls tennis, if the date of your child's Sports Physical on file with the FLHS school nurse is before August 16, 2022, you will need to submit a new Sport Physical Packet.
- ❑ For all other students, if the date of your child's Sports Physical on file with the FLHS school nurse is before August 21, 2022, you will need to submit a new Sport Physical Packet.
- ❑ If your child has a valid Sport Physical on file with the FLHS school nurse, you will need to submit a [Health History Update Questionnaire](#).
- ❑ If you are unsure of the date of your child's last Sport Physical on file with the FLHS school nurse, please contact the coach.
- ❑ If the date of exam on your child's last Sports Physical expires during the sport activity, you will then need to submit a new Sport Physical packet to the Nurse's Office as soon as possible.
- ❑ If your child is an incoming 9th grader or playing a sport for the first time at FLHS, you will need to set up a new account on SportsWareOnLine (SWOL). Directions can be found on tinyurl.com/flhsathletictraining
- ❑ All parents and students will need to log in to the Parent/Student Portal in Genesis and complete the Sports Forms in Genesis.
- ❑ If your child has a medical condition, including a food allergy and/or asthma, you will need to submit the appropriate medical forms to the school nurse.
- ❑ Please make sure any injuries or illnesses are reported to the coach, school nurse, and/or athletic trainer. If you have an injury during a sport activity or after school hours, please make sure a doctor's note or a completed [Student Medical Report Form](#) is returned to the athletic trainer or school nurse before returning to school and sport activity.

FYI...

- ❑ Other important information can be found on the Athletic Training site: https://www.flboe.com/administration/athletics_department/athletic_training_room
- ❑ All medical and athletic forms can be found on the School Nurse Office site: <http://flhs.flboe.com/offices/nurse>.
- ❑ If you have any issues completing the Sports Physical Packet, please see the [Sports Physical Packet Checklist](#).



Please direct all questions regarding what your child needs to participate in a sport to the appropriate coach:

Football: Charles Salame
csalame@flboe.com

Boys Soccer: Demba Mane
dmane@flboe.com

Girls Soccer: Cal Pagano
cpagano@flboe.com

Girls Volleyball: John Ziemba
jziemba@flboe.com

Girls Tennis: Phil Zappel
pzappel@flboe.com

Cross Country: Maria Giannattasio
mgiannattasio@flboe.com

